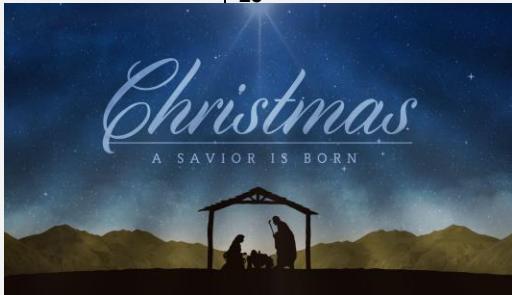


DECEMBER

WG – Whole Grain
 WW – Whole Wheat
 WM – White Meat

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 AM: Fruit Loops cereal Milk L: Cheese quesadilla Pepper strips w/ ranch Pineapple Milk PM: Cheddar goldfish Milk	4 AM: Vanilla wafers Milk L: Cheeseburger on WW bun Carrot sticks w/ ranch Pears Milk PM: Vanilla yogurt Nut free granola	5 AM: Chex snack mix Milk L: WM Chicken nuggets WW bread and butter Corn Peaches Milk PM: Graham crackers Milk	6 AM: Animal crackers Milk L: Meatballs w/ gravy WW Buttered noodles Green beans Mixed fruit Milk PM: Popcorn Cheese cubes	7 AM: Pretzels Milk L: WW Spaghetti w/ meat sauce Salad mix Applesauce Milk PM: Golden Grahams cereal Milk
10 AM: Honey graham sticks Milk L: Chicken tender w/ WW tortilla Shredded cheese Carrot sticks w/ ranch Mixed fruit Milk PM: Kix cereal Milk	11 AM: Seasonal snack mix Milk L: French toast sticks Sausage links Potato triangles Pears Milk PM: Tortilla chips Salsa	12 AM: Frosted Flakes cereal Milk L: WM Chicken patty on WW bun Corn Mandarin oranges Milk PM: Chocolate animal crackers Milk	13 AM: CHRISTMAS PROGRAM refreshments L: Macaroni and cheese Peas Peaches Milk PM: Cheez-its Milk	14 AM: CHRISTMAS PROGRAM refreshments L: Chicken noodle soup WW crackers Celery w/cream cheese Bananas Milk PM: S'more snack mix Milk
17 AM: WW Ritz crackers Sliced cheese L: Penne pasta w/ meat sauce Green beans Applesauce Milk PM: Apple Jacks cereal Milk	18 AM: Vanilla yogurt Nut free granola L: Beef hot dog on WW bun Carrot sticks w/ ranch Peaches Milk PM: Chex snack mix Milk	19 AM: Cinnamon graham crackers Milk L: Frito flip Taco meat/shredded cheese Pepper strips w/ ranch Pineapple Milk PM: Pretzels Milk	20 AM: Cheddar goldfish Milk L: Extra cheese pizza Cucumbers w/ ranch Bananas Milk PM: Vanilla wafers Milk	21 <div style="border: 1px solid black; padding: 5px; text-align: center;"> CENTER CLOSED </div>
24 	25	26	27	28
<div style="border: 1px solid black; padding: 10px;"> <p>CENTER CLOSED December 21 – January 1 MERRY CHRISTMAS!</p> </div>				